

בעזרהש"ת



The Light of Emunah

פְּרָשַׁת תְּרוּמָה

הַשַּׁע"ט



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. . . TRUST HASHEM.

בעזרת ה' יתברך-יום א' פ' בא, כ"ט טבת, שנת תשע"ט

Dear.....

I'm sure you have heard the following vort on this weeks parsha: why Hashem commanded Moshe "בא" "על פרעה"; come to pharaoh, instead of "לך על פרעה"; go to pharaoh? The pshat is, Hashem was conveying to Moshe, "come, come with me to pharaoh;" meaning in whichever situation you find yourself, I am there with you. This comes to teach us, always remember, in every circumstance, Hashem is there and you have nothing to fear.

It's time for you to emerge from your naivete, and worry which consumes you all day. Stop agonizing over the future, remember Hashem is in control, and his power is infinite; he is the one who provides parnassah, and one must surrender to him and realize 'everything that transpires is for my benefit only.'

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Strengthen your faith, and review constantly: “Hashem is in control;” by doing so, you will remove all your fears.

Chazal say (Sanhedrin 67:) A witch once wanted to cast magic on the holy Amora Reb Chanina; to which he replied “**אי מסתייעת זילי עבידי, אין עוד מלבדו, כתיב**”, you can try to work your witchcraft as much as you want, but I don’t fear you, because I believe in the holy Torah which states (Devarim 4, 35); “**אין עוד מלבדו**”; when one completely believes in Hashem, nothing in the world has the power to harm him; no **דינים** or sorcery can manipulate control over him.

May Hashem help you succeed in all your endeavors.

 ··· **IT HURTS ME TO SEE YIDDEN SQUABBLE.**

בעזרת ה' יתברך-יום א' פ' בא, כ"ט טבת, שנת תשע"ט

Dear.....

Instead of sending me loshon hora about different people, inform me of your siyumim, or write to me how much time you dedicate to learning, and talking to Hashem.

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I'm not interested in machlokos; and I will continue to ensure there is shalom in our kehillah.

Notify me how many yidden you strengthened with the Rebbes **עצות** and seforim; it hurts me to hear gossip on another, I have no energy to petty arguments and strife.

The holy R' Nosson would say "even when two lowly laborers' argue, it hurts me personally;" likewise, my heart aches when I see yidden despise one another.

I'm waiting to receive only positivity in your letters.

 ··· **AS A TALMID HICHEL HAKODESH,
LOVE EVERY YID, NO MATTER WHO HE IS.**

בעזרת ה' יתברך-יום א' פ' בא, כ"ט טבת, שנת תשע"ט

Dear.....

I request of you a personal favor: "Don't incite machlokes between my talmidim!"

You are very well aware how I sacrificed everything for you, so you should benefit from the holy Rebbe's and attain joy in your life. Now that you are finally settled and married, and have navigated the difficulties of life, I beg you, show some hakoros hatov

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and don't cause arguments between my talmidim. I love every single one of my talmidim, and I want you to also love each other. When there is hate and animosity between you, it causes me immense pain.

I guaranteed Maharosh z"l that I will have no relation to machlokes, especially here in Hichel Hakodesh; and I will uphold my promise with mesirus nefesh.

Before I came to Hichel Hakodesh, I didn't even realize what the problem with machlokes was; nowadays it is something I cannot tolerate. Maharosh begged us his entire life; never to take a side in machlokes, only leave it to others.

Therefore, I implore: "Have pity on me and don't destroy me," I cannot forgive this behavior, not on this world, or the next. Nobody is obligated to belong to our **חבורה**, but if you do choose to belong here, then you cannot hate a single yid; for whichever reason in the world.

I have plenty of talmidim who learned in Yeshiva, and then later found themselves a different niche they fit in to; they are very successful there, each in his own way. If you want to continue your relationship with me, and you proclaim yourself as a Talmid Hichel Hakodesh, then you must love every Yid, and only see the positive in another.

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Machlokes sickens me, and I take it very personally; R' Nosson once said: “when I see two lowly laborers arguing it stabs me in my side;” even if R' Nosson wasn't acquainted with these individuals, it hurt him to see other Yidden squabble. Likewise, it stabs me in my heart to see Yidden fighting, and similarly it should hurt every person who witnesses it.

Good night.

 ··· **THE REBBE TEACHES US TO LIVE WITH EMUNAH, AND REALIZE NOTHING IS A COINCIDENCE.**

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

Dear.....

Despite going through hard times, and feeling a strong sense of hopelessness; I beg you dear..... don't despair, or question Hashem's ways, chas vesholom. Continue believing with a steadfast belief, that everything Hashem does is certainly .

Chazal relate (מדרש שוחר טוב, קיח) on the pasuk (תהילים קיח) "אודך כי אניתני ותהי לי לישועה" ; there was a Yid, a successful merchant, who was preparing to travel across the ocean to amass his fortune. He

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joined another group of merchants, and together they all invested in a large quantity of goods, and prepared to start their journey. When the day arrived, the Yid was stricken with high fever and the ship left without him. Obviously, his anguish was strong, and he couldn't comprehend why he was punished in this manner. His plans were canceled, his hopes dashed, and in his mind, he questioned Hashem; why, despite being so ehrlich, did such a misfortune befall him? A few days later he heard the news, that the ship came under attack from pirates, and everyone was killed. When he recognized the miracle he merited, he started praising Hashem with the following pasuk (yeshayuhu 12, 1) "אודך ה' כי אנפת בי, ישב אפך ות'נחמני", thank you Hashem that you chastened me, and then you comforted me.

The Rebbe's name is hidden in this pasuk - ות'נחמני; which emphasizes the fact, that the Rebbe instills such strong Emunah into us, and teaches us to entirely believe that there is no such thing as a coincidence. Hashem is, ממלא כל עלמין, וסובב כל עלמין, ובתוך כל עלמין, אין שום מציאות בלעדיו יתברך כלל.

Maharosh composed a tune to these words; as a bochur, Maharosh would talk to Hashem alone in the forest, and when he would feel frightened, he would

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sing these words to himself. As a result, he developed such a strong faith in Hashem, that nothing was able to scare him.

Sing these words to yourself 'ממלא כל עלמין' regularly, and you will also merit unwavering faith and happiness.

Good day.

 · · · **DON'T SMOKE IN THE BUILDING.**

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

Dear....

Don't be offended that a melamed admonished you, not to smoke in the building of the Talmid Torah; please realize that it bothers both the melamdim and the children when you smoke indoors.

Therefore, from today onwards, make sure to refrain from doing so, and likewise, relay the message to all your friends, that it is not permitted to smoke inside, or even outside the building.

Continue with **הפצה**; always have seforim and **קונטריסים** within reach, and seize the opportunity to strengthen another Yid.

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May Hashem help you succeed in everything you do.

 · · · **DO CHESED WITH OTHERS.**

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

Dear....

I received your letter.

Regarding your question, how you can repay me for everything you gain here etc.; you will bring me great pleasure by doing chesed with other Yidden. I cannot tolerate individuals who cause machlokes; make sure to stay far away from someone who hurts another Yid.

Your main focus should be: love, kindness and compassion for every Yid. If you want to make me happy, greet every Yid with a smile and encouraging word.

Learn at least one daf Gemara every day; it will bring you blessings on this world, and the next.

May Hashem help you succeed in all your endeavors.

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··· **ONLY TORAH REMAINS AFTER 120.**

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

To my dear.....

It gives me energy to see you sitting and learning with such enthusiasm. Your daily shiurim of Bavli, Yerushalmi, and Tosefta is what will remain, after you will reach 120. Remember this is what is eternal; everything else in the world is an illusion.

Dear brother! Stay strong with your avodas Hashem; continue davening and learning, and you will merit great miracles.

Thank you for your donation for the rent, in the merit of tzedakah may you be blessed in everything you do.

··· **MARRY OFF YOUR SON, BEFORE IT IS TOO LATE.**

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

Dear....

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I'm writing the following letter on behalf of your son...

Have pity on him; he yearns to get married. Understandably, he is uncomfortable to discuss this with you or your wife, but he wept to me, that his entire Yiddishkeit is in danger. He begged me to open your eyes to the situation, and start listening to suggestions instead of claiming he isn't ready yet etc.

He just left my office; he cried so desperately, the walls cried along. From the depths of his heart he wants to be good, but you have no idea what difficult nisyonas he is going through.

Therefore, do what is right for your child, and allow him to get married already. Don't turn down good suggestions; if you wait too much longer you can chas vesholom lose everything.

Look around, and see the generation we are living in. Girls and boys are rachmana litzlon throwing away Yiddishkeit; one can not be confident enough that it won't happen to him either. These tormented souls were also told to stop overacting or faking it etc.

Please don't be offended with this letter, all I want is you to merit nachas. I have no ulterior motives, only to save your son.

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... THE CURE, LIES IN YOUR OWN

HANDS.

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

Mrs....

I received the two letters you sent me.

Your salvation lies in your own hands; there is a way for you to extricate yourself from your painful situation, but you must first surrender yourself entirely to Hashem.

Hashem gave you such a wonderful life, you have a dear husband who is ehrlich, and has yiras shomayim. He learns and is blessed with good middos; you have beautiful children; why don't you take notice of the many blessings Hashem grants you? Why are you constantly thinking of a dark future, illnesses, confusion, and death? This drives you to baseless fears, until your life comes to a stop.

The reality is, your redemption depends only in yourself. Revise the following frequently, 'nothing can happen to me, without Hashem's consent. I'm alive, only because Hashem granted me life to exist, and every breath I take, comes from Hashem. Everything I possess is only from Hashem.'

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The more you reinforce your faith in Hashem, the sweeter and easier your life will be. Every time a frightening, or negative thought enters your mind, don't push it away – that will just intensify your fear, instead, verbalize it, and share your angst with Hashem.

You write, that since youra”h passed away, you live with a dread that you might also contract the same sickness and die, Hashem Yerachem. Whenever such a thought enters your mind, instead of panicking, say to Hashem “Hashem protect me and help me, I shouldn't develop any illnesses.” Instead of suppressing the thought, direct it as a tefilla to Hashem. As the Rebbe teaches (Likutei Maharar, chelek 1, siman 72) The more one tries to banish negative thoughts, the stronger they become. As soon as one has a bad **מחשבה**, he should immediately transform it into a tefilla.

I am sending you a tefilla to say every day; instead of waking your husband up at night, when all he can do is cry along with you; say this tefilla, and iy”h you will have a complete recovery.

“Hashem, help me be happy; help me not become influenced by my frightening thoughts which give me no peace. My strength is ebbing; I cannot concentrate

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on anything, and have no energy to my husband and children. My negative thoughts have taken me captive.

Hashem, you are the one that grants wisdom and understanding; help me conquer the yetzer hora, who has taken my mind hostage; I should start seeing the blessings in my life.

יודע מחשבות הושיעה נא! Help me dear father, I should be healthy physically, emotionally, and mentally; I should be able to think logically, and realize there is no one besides you, who controls what happens to me.

Hashem help me merit the brocha from the holy Torah (Devarim 7, 15) **"והסיר ה' ממך כל חלי"**; Hashem will remove every ailment from you; Chazal explain (Yerushalmi Shabbos 14, 3) **'זה רעיון'**, this means mental suffering. As R' Eliezer says regarding this pasuk: (Devarim 28, 48) When one has **דמיונות** or bad thoughts, it is as if there is a steel yoke around his neck, choking him. Thus, I beg you dear father, remove the- **עול ברזל** the steel yoke from me, and make my fears and imaginations disappear. Help me in the merit of the tzaddikim who were Moser Nefesh themselves for you; in the Zchus of R' Shimon Bar Yochai; in the Zchus of R' Yitzchok Luria Ashkenazi; in the Zchus of R' Yisroel Baal Shem Tov; in the Zchus of R' Nachman M'Breslev; in the Zchus of

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R' Nosson M'Breslev, and in the Zchus of Rabeinu Eliezer Shlomo M'Breslev. יהיו לרצון אמרי פי והגיון לבי. לפניך ה' צורי וגואלי, אמן כן יהי רצון.

I beg you; every time the negativity seeps into your thoughts, say this tefilla slowly, with concentration, and it will eliminate your illogical fears.



INVIGORATES A PERSON.

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

To my dear...

Thank you for your donation for the rent; in the merit of tzedakah may Hashem bless you with success.

You related that you feel distanced from Yeshiva lately. Chazal say (Yerushalmi peah 1, 1) on the pasuk (Devarim 32, 47): "כי לא דבר רק הוא מכם – ואם הוא ריק" – "מכם", that a feeling is contingent on a person only. This all depends on yourself. Many talmidim express such sentiments after leaving Yeshiva; they have different responsibilities, they must start working to sustain their families, and as a result they feel distanced.

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Therefore, take my advice; start engaging yourself in **הפצה**; start spreading the Rebbe's **עצות**, and encouragement, and although you will still be far, you will remain close at heart.

When you look around, you will realize that all the Talmidei Hichel Hakodesh who took **הפצה** as their calling, are full of energy, life, and vigor.

I noticed after the passing of Maharosh z"l; the talmidim who were strong with **הפצה**, didn't seem at all confused; even during the levayah they had the clarity to continue with **הפצה**.

Those who fell into the category of mekablīm – they were only here to receive; became so depressed, that even today; a few years since Maharosh's passing, they still cannot find comfort.

Through being a **משפיע** you will feel close, and attached to the holy Rebbe.

 . . . **SET ASIDE TIME FOR A SHIUR
IN SHULCHAN ARUCH.**

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

To my dear....

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Thank you for your contribution for the rent; in the merit of tzedakah may you be blessed.

I'm giving you a set of Shulchan Aruch Ha'katan as a gift; find time to learn at least one **סעיף** every day. The holy Rebbe instructed us (Sichas Haran 29) "Every Yid is obligated to learn Halacha every day."

It was a pleasure to spend Shabbos with you; you have beautiful children, and a devoted wife. It brought me great pleasure to hear that you closed your social media accounts after watching the music video "געוואלד טאטעס און מאמעס", and instead you spend your extra time with your wife and children.

Thank you for your dedication to the mosdos; this is a worthy investment, and will benefit you on this world and the next.

Accustom yourself to unburden your heart to Hashem; take the time every morning to tell him everything you are going through, disclose the trials and challenges the yetzer hora puts you through; and always daven for the future.

May you be healthy and blessed.

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. . . IT'S NOT WORTH ENVYING ANOTHER.

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

..... student of Bais Faiga Breslev

I received your letter.

Cease envying your friends and neighbors; stop looking at other people; it is a senseless act. Everyone has their own unique hardships they are going through, and there is no person in the world that has only blessings. Therefore, it is foolish to be jealous of another. The only person one should envy is, a righteous Jew who despite going through tribulations and hardships, persists and continues with his avodas Hashem.

It would be worthwhile for you to review the story of the Chochom and the Tam (Sippurei Maasos, story 9) which demonstrates how the Tam merited a blessed life.

The Tam was a poor shoemaker, who worked long hours to earn a living. The shoes he would create were misshapen and bizarre, but he would pride himself with them, proclaiming “how beautiful and magnificent these shoes are! How sweet and blessed my shoes are!” His wife who wasn't at all impressed

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with his work, couldn't understand, and would question him; "if the shoes you make are truly so wonderful, why do all the other shoemakers charge three times the price than you do?" the Tam would reply "that is no concern of mine; others should do their thing; and I will continue to do mine. What they do is their decision, and what I do is my decision. What is the point in discussing others?" He would then make a calculation of his income and expenses; and calculate a profit. This was enough for him, and he was happy.

Therefore, when envious thoughts creep into your mind; you feel your siblings receive more than you do etc. replay the words of the Tam in your mind. 'This is not my concern! What happens to others has no connection to me.' By keeping this in mind, you too will merit the blessings the Tam ultimately merited.

I would not advise you to buy a cellphone. You have time for that after you get married; instead of texting with friends use your time to daven to Hashem, and say Tehillim.

May Hashem help you succeed in everything you do.

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EMUNAH STRENGTHENS ONE MENTALLY.

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

Mrs....

I beg you; believe that Hashem controls everything that happens. Through trusting Hashem, you will feel safer, happier, and your life will be easier in all aspects.

Emunah strengthens one mentally, and vice versa, one who lacks faith in Hashem; one who believes the world revolves around nature, and that things occur without a heavenly accounting; through spontaneity and luck – such a person will always be subjected to frightening thoughts, and baseless fears. Likewise, when one doesn't believe in Hashem, he will constantly blame himself for everything that transpires; he will live with an endless guilt, and bring upon himself mental illnesses, **לא עלינו ולא עליכם**. The only antidote for one who is weak mentally, is 'Emunah.'

The Rebbe constantly spoke about Emunah, he cites (Likutei Maharar chelek 2, siman 5) "The most important thing for a person is Emunah, and without Emunah, a person's life is extremely challenging.

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There are many ailments that come from a lack of Emunah; which are mental and emotional illnesses that people unfortunately suffer from.” The Rebbe continues ”When a person suffers from a mental illness, rachmana litzlon; medication or alternative methods wont heal him, and even tefilla, or zchus avos cannot help him; his only way to escape from his inner darkness is through Emunah”.

Therefore, strengthen your faith in Hashem; look at the miracles Hashem granted you; a dear husband, and a beautiful child. Thank and praise Hashem, and daven to be able to feel pleasure in your life. I’m writing a tefilla for you to say every day; I guarantee, if you say this tefilla at least once a day, you will recover very soon. Say this tefilla as many times as you need to; once, twice, every time you feel worrying thoughts blurring your mind; when you feel the negativity closing in, take this tefilla and say it aloud, and you will feel things change for the better.

“Hashem, thank you for all the wonders and blessings you gave me; thank you for my dear husband, and beautiful child.

Dear father, help me be happy, and be able to feel pleasure in my life. I’m in a pit of despair; I only see darkness, and have such terrifying thoughts which dominate my life.

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I beg you sweet father, help me believe everything that happens to me, is only from you. I want to live with Emunah, and feel your presence in everything I do. Hashem, see my pain, how my negative thoughts are destroying my life. I only see my flaws, and live with such a guilt over everything that occurs. This causes me to hate my own self, and I feel that I cannot endure the pain any longer.

Holy father, have pity on me! Help me think positively, and stop blaming myself for everything; help me remember everything comes only from you.

Hashem, see my tears, and feel my pain; **אתה חונן ומלמד לאנוש בינה** – you give wisdom to all; **לאדם דעת** – and you grant understanding; thus, I beg you dear father, **חננו מאתך חכמה בינה ודעת**, grant me the **שכל** to stop torturing myself with unwanted thoughts.

Hashem, I feel as if my life has no value like this; I have such conflicted thoughts; all I want is to escape. I know though, I have no where to run, only to you Hashem.

Therefore, I beg you Hashem, help me; in the merit of the tzadikim who sanctified your holy name; in the merit of our holy Avos, Avraham, Yitzchok, and Yaakov; in the merit of our holy Imahos, Sarah, Rivkah, Rachel, and Leah; in the merit of the holy

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Rebbe, R' Nachman M'Breslev; in the merit of R'Nosson M'Breslev, and in the merit of Maharosh z"l, amen.

By saying this tefilla every day, you will merit a refuah shleima very soon.



THE IMPORTANCE OF REVIEWING HILCHOS TAHARAH.

בעזרת ה' יתברך-יום ב' פ' בא, ראש חודש שבט, שנת תשע"ט

Dear....

Now, during the weeks of **שובבי"ם**, set aside time to review hilchos taharah.

Maharosh z"l would relate, that the great tzaddik, R' Uri Strelisker studied hilchos taharah over one thousand times in his lifetime; Maharosh would say, this comes to show us, that we, who are just simple Yidden, must review these halachos frequently, in order not to be **נכשל** in them.

I have a gift for you; a small sefer in Yiddish, with all the halachos clearly explained; come up to Yeshiva, and I'll give it to you.

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When one is careful to fulfill everything, which says in the Torah, he will be blessed. But, when one is not careful with our holy commandments, then it is very bitter. Chazal cite (Shabbos 13.) Eliyahu Hanavi related “There was a person who was completely absorbed in the holy Torah, but died very young. His wife was overcome with bitterness, and ran around to Yeshivos and baatei midrashim, and cried “how could such a tragedy have happened? It says in the Torah (Devarim 30, 20) **‘כִּי הוּא חַיִּיךְ וְאֵרַךְ יָמֶיךָ’**, whoever learns the holy Torah, merits longevity. My husband learned so much Torah, Chumash, Mishnayos, and Gemara; how is it possible he died so young??” No one had a reply for her. Eliyahu Hanavi continued; on one occasion, I was staying at this woman’s house. She told me the entire story, and I asked her “did you keep the halachos of taharos hamishpacha?” she replied in the affirmative. So I asked her for more specific details, and she admitted that her husband was lax during the **שבעה נקיים**; to which Eliyahu proclaimed **“בָּרוּךְ הַמְּקוֹם שֶׁהֲרֹגוֹ”** – blessed is Hashem who killed him. Because the Torah states (Vayikra 18, 19) **“וְאֵל אִשָּׁה בְּנֹדֶת טְמֵאתָהּ לֹא תִקְרַב”**.

I beg you; help me finish the construction of the building in Uman; through doing so, you are only helping yourself. Baruch Hashem, last week they finished the roof, but they still must complete the steps to be done with the entire exterior.

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I spent last Shabbos with ten families who pledged ten thousand dollars for the building; I deliberated for a while, whether I should spend a Shabbos for this purpose, as there are many talmidim who help me with more than ten thousand dollars; but, the reality is, we must finish the building in Uman, to have a safe place for our children. Therefore, I made the effort to show my hakoros hatov. I also appreciate everything you do for me, and I appreciate everyone who helps me, in any way possible; I daven that you should be successful in everything you do.

Good night.

 ... **CLOSE ALL YOUR SOCIAL MEDIA ACCOUNTS, AND YOU WILL MERIT PARNASSAH.**

בעזרת ה' יתברך-יום ג' פ' בא, ב' שבט, שנת תשע"ט

Dear....

I beg you; unsubscribe from all your foolish groups, and chats, which send you clips from **ליצנות** etc.

The holy Rebbe said (Sefer Hamiddos, **אות ממון**) "המתלוצץ – מזונותיו מתמעטין" one that ridicules anything holy, loses his parnassah. The numerous

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senseless videos you watch, are the cause you are struggling so hard to earn a living. Therefore, my dear...., unsubscribe yourself from these groups and you will merit abundance.

Be extra careful not to bring home your phone, if you can watch unsavory things on it. The Rebbe says (Sefer Hamiddos, **אות ממון**) "**מאיסותא דביתא מביא לידי עניות**" the malach which brings poverty is called **נבל**; (Pesachim 111:), when he encounters a home which is not pure; there is inappropriate material to be found there, he then afflicts that home with poverty. What is worse than having an unfiltered cellphone or tablet etc. at home, with which one can rummage in the worst garbage, rachmana litzlon? Of course, the brocha leaves such a home!

Daven to Hashem for a pure mind; it should be your own desire to close the groups that send you things a Yid is prohibited to see.

Have a good day.

 ... **הפצה SHOULD BE YOUR PARNASSAH.**

בעזרת ה' יתברך-יום ג' פ' בא, ב' שבט, שנת תשע"ט

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To my dear beloved chassan....

Mazel tov to your shidduch! Realize what one merits when he has patience and bitachon; after waiting so many years for your shidduch, you merited such a dear kallah and such a beautiful family. Always remember; if one has **סבלנות** he eventually merits great things.

Once you get married, remember how **הפצה** changed your life, and perpetuate it. Remember how **הפצה** extricated you from your situation etc. now it is your turn to rescue other Yidden from their aveiros. There is no greater shame, than one who sins, rachmana litzlon.

If you take **הפצה** for your parnassah, you will merit abundance.

If only all my Talmidim would engage in **הפצה**, we would have the opportunity to reawaken every Yid to Hashem, and play a role in bringing Moshiach. As in the following niggun "על ידי הפצת ספרי רבינו, נביא את", במהרה בימינו, אמן משיח צדקינו".

Thank you for your donation for the rent; in the merit of tzedakah may you be blessed in all your endeavors.

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 . . . **YOUR DEDICATION TO YOUR TALMIDIM IS ASTOUNDING.**

בעזרת ה' יתברך-יום ג' פ' בא, ב' שבט, שנת תשע"ט

To my dear....

I was amazed after testing your talmidim yesterday; the clarity they had in the Gemara and Rashi was astounding. I was so impressed with their middos, simcha and respect. I could see the dedication and hard work you invest in them. I want to strengthen you to continue with your holy work; continue raising them with emunah and yiras shomayim.

While teaching children envision as if you are talking to grown adults – gedolei yisroel; through doing so you will succeed in teaching them the most possible.

Dance with the children every day; this creates a happy atmosphere in the class, and the boys will then have an easier time grasping the concepts taught.

Thank you for your donation for the rent; in the merit of tzedakah may you succeed in everything you do.

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 · · · **RISE EARLY TO LEARN TORAH.**

בעזרת ה' יתברך-יום ג' פ' בא, ב' שבט, שנת תשע"ט

To my dear.....

Thank you for your donation for the rent; in the merit of tzedakah may you be blessed in everything you do.

I want to encourage you to attend the Gemara shiur every morning; especially now that you are married, make sure to come daily.

It is essential for a yingerman to rise early to learn Torah, and it is a segulah for shalom bayis. It brings chein to a person, as we see in Mishlei (Mishlei 5, 19) "אילת אהבים ויעלת חן", and Chazal elaborate (Eirubin 54:): "שמעלת חן על לומדיה"- one who learns Torah, is blessed with chein.

Therefore, strengthen your commitment, and continue coming every morning to the shiur on the daf Gemara; my entire energy for my day is from the daf Bavli and Yerushalmi; once I finish giving over the two shiurim, I feel I have accomplished my share for the day.

I'm waiting to see you again in the morning; this is a precious stage of your life; when you can learn Torah with a pure mind.

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· · · **STRENGTHEN YOUR WIFE.**

בעזרת ה' יתברך-יום ג' פ' בא, ב' שבט, שנת תשע"ט

Dear....

I received your letter.

Forgive me for not replying immediately; I was distracted with other responsibilities.

I sent your wife a letter yesterday afternoon; I then received another letter from her asking why I didn't reply to you yet; she is right, I should have replied a while ago.

I beg you; stay strong dear....., and strengthen your wife. When a woman goes through hardships and suffering, her husband is her sounding board for her pain, and broken heart. Thus, a husband must be careful to keep his composure, and not display despair, even if he also believes there is nothing to do to help the situation. He must continue encouraging her with all his strength, even if it seems she doesn't accept it, and his words are in vain.

Therefore, I beg you dear.....; when your wife cries to you; listen and comfort her. Explain in the simplest terms that Hashem is here, with you in your pain, and everything that happens has an exact accounting for.

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It is useless to torment oneself, with thoughts of death. When the minute one must return his soul to Hashem arrives, there is nothing one can do to change it. It is futile to agonize with such worries and fears; instead turn on lively music, this will chase away senseless phobias. The Rebbe states (Sefer Hamiddos **אות פחד**) **”מי שיש לו פחדים, יזמר זמר”** (**א**ות **פ**חד) **”של שמחה”**, one who is frightened, should sing songs of simcha, and thereby dispel all his fears.

It would be advisable for you to print a chelek of Asher Banachal; you could give the money to the messenger who delivers this letter. Maharosh would request five hundred dollars for the zchus of printing Asher Banachal.

I’m davening for you and your wife; I’m eagerly awaiting to hear that your situation has improved.



**· · · LEARN AT LEAST ONE PEREK
MISHNAYOS A DAY.**

בעזרת ה' יתברך-יום ג' פ' בא, ב' שבט, שנת תשע"ט

Dear....

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Have you opened a sefer yet today? Have you listened to the holy Rebbe who requested us (Sichas Haran, 23) To “eat a perek Mishnayos, and drink a kapitel Tehillim?” have you opened a Mishnayos and said a perek yet??

As soon as you finish reading this letter, take a Mishnayos and say at least one perek. Even if you don't understand what you are saying; continue learning without comprehending. This cleanses a person from his aveiros. When one starts learning Mishnayos, his speech becomes pure, and he starts weighing his words. Halacha dictates that a beheima which **”פיה דומה לשל חזיר”**- her mouth resembles the mouth of a chazir, is a baalas mim. (Rambam 2,2) Likewise, one who isn't careful with his language, his mouth is unclean, shows what kind of a person he really is. Thus, I beg you: “set aside your cell phone for a few minutes, and take a Mishnayos in its place. Say at least one perek, and through doing so you will eliminate your sins.”

Be careful not to use **ניבול פה**; you once had all the chein in the world, but since you relinquished control over your mouth, and your language is hefker, you lost all your chein.

The holy Rebbe cites (Sefer Hamiddos, **אות חן**) Whoever desires to acquire chein – then **”ישמר את”** **”פיו מדבור אסור”**, he should guard his mouth from

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forbidden speech. Instead of bantering with friends, go home and converse with your wife, give her encouragement, and listen to how her day was.

Chazal state (Tannis 10:) in regard to the pasuk in (Melachim beis, 2, 11) "ויהי המה הלכים הלך ודבר, והנה", "טעמא דאיכא דיבור, רכב אש וסוסי אש ויפרדו בין שניהם". "הא ליכא דיבור – ראויין לישרף" 'Fortunate for one with a pleasant speech; because they spoke they weren't burned.' A husband and wife must communicate with each other; they must be open to dialogue with each other, and not keep hurt or resentment bottled up inside. Blessed is one that conducts himself in this manner; and one who does not will suffer the consequences.

One more request; please find time for הפצה; through spreading the Rebbe's light you will have a share in bringing Moshiach.

Good night.